



THE TREOCARE GUIDE

The Acemannan Immune Protocol

A 90-Day Guide to Restoring Immune Intelligence,
Gut Health & Clean Cellular Energy

40+

YEARS OF RESEARCH

200+

PUBLISHED STUDIES

22

COUNTRIES

Used by integrative clinicians, nurse practitioners,
and wellness creators across 22 countries.

treocare.com | Buy 1, Nourish 1 | Nature's Most-Researched Immune Molecule

Welcome

You're holding a 40-year secret.

This guide is built for one purpose: to give you the most direct, science-backed path to restoring your body's immune intelligence, gut health, and clean cellular energy — using a single natural molecule with one of the longest peer-reviewed research records in modern wellness.

That molecule is **acemannan** — a long-chain polysaccharide found in the inner-leaf gel of the aloe vera plant. Ancient peoples called aloe "the healing plant of the nations." Modern science has spent four decades isolating, studying, and stabilizing what makes it work.

In this protocol you'll learn what acemannan does, how to use it, what to expect at every stage of a 90-day reset, and how to support your results with daily habits any adult can implement immediately.

Chapter 1

What Acemannan Actually Does

Acemannan isn't a stimulant, a drug, or a quick fix. It's cellular nutrition — the kind of foundational support your body has used for thousands of years, finally delivered in a convenient, stabilized form.

Three things acemannan does, based on what 40+ years of peer-reviewed research has documented:

- 1. Activates immune intelligence.** Acemannan engages mannose receptors on macrophages — your immune system's frontline responders — supporting normal cytokine signaling without overstimulating.
- 2. Supports gut health and the microbiome.** Acemannan is a fermentable substrate for beneficial gut bacteria, supporting the intestinal barrier and the gut-immune axis where roughly 70% of your immune system lives.
- 3. Supports clean cellular energy.** Research indicates acemannan plays a role in glucose metabolism at the cellular level — supporting ATP production without caffeine, sugar, or stimulants.

"What the ancients called the healing plant of the nations, modern science calls acemannan. Thousands of years of human wisdom — now confirmed by 200+ peer-reviewed studies."

Chapter 2

The 3-Tier Daily Protocol

Nutritional food in a capsule. Simple, daily, powerful. Acemannan is delivered in a convenient capsule — no mixing, no measuring, no taste. Just choose the daily amount that matches where your body is right now.

DAILY USE	WHO IT'S FOR
2 / day	Maintenance & everyday wellness. For a normal, healthy immune system and gut. Most adults start here.
4 / day	Acute challenges. Short-term needs like seasonal stress, travel, immune challenges, or recovery. Double the daily amount.
6 / day	Chronic support needs. For longer-term wellness support. Triple the daily amount. Best used with healthcare provider guidance.

When to take it: With or without food, any time of day. Many users prefer morning with their first glass of water. Consistency matters more than timing — what you do every day is what changes your body.

What if I miss a day? Don't worry — just resume the next day. Acemannan works through consistent daily exposure, not by being banked or "stored." Steady use over weeks is what produces results.

***Important.** If you are pregnant, nursing, on immunosuppressive medication, or undergoing chemotherapy or other immune-modulating therapy, please consult your healthcare provider before beginning any new supplement protocol. Acemannan has no documented negative drug interactions in the published literature, but your clinician should always be informed of new supplementation.*

Chapter 3

What to Expect: Days 7, 30, 60, 90

Real change in the body takes consistent daily input. Here's what most people report through a full 90-day acemannan protocol. Results vary based on baseline health, consistency of use, and supportive habits — but the pattern below is the most commonly reported arc.

DAYS 1–7 Quiet activation	Acemannan begins engaging your macrophages — your immune system's frontline responders. Prebiotic effects start in the gut. Most people feel no dramatic change in this first week, and that's normal. Foundational work is happening at the cellular level.
DAY 30 First noticeable shifts	Common reports: clearer mental energy, less mid-afternoon fatigue, and improvements in digestion. Sleep often becomes more consistent. This is the point where many people notice they're "just feeling better" without being able to pinpoint why.
DAY 60 Compounding benefits	The gut lining continues to strengthen, supporting better nutrient absorption. Immune resilience often shows up as fewer minor illnesses, faster recovery from stress, and steadier daily energy. Sleep quality and skin clarity are commonly reported improvements.
DAY 90 Full reset	By the end of the 90-day protocol, most people report a noticeable shift in baseline wellness — what felt "tired" or "off" at day zero now feels like the new normal of energy, digestive comfort, and immune readiness. Many continue at 2/day maintenance from here.

Chapter 4

Companion Habits That Amplify Results

Acemannan works whether or not you change anything else about your life. But these four habits — none of which cost anything — multiply what you feel during the protocol.

1. Hydrate first

Take your morning capsules with a full glass of water (16 oz / 500 ml). Hydration is the silent foundation under every cellular function in your body.

2. Protect gut nutrition

Reduce ultra-processed foods, added sugars, and seed oils where you can. These work against the gut healing that acemannan supports. You don't have to be perfect — just shift the average.

3. Prioritize sleep

Aim for 7+ hours nightly. The immune system does most of its work while you sleep. Acemannan helps the system function — sleep gives it the time to actually do the work.

4. Move daily

20–30 minutes of walking, stretching, or any movement you enjoy. Movement supports lymphatic flow and helps the immune system circulate.

Chapter 5

The Research Behind the Protocol

Acemannan's clinical credibility rests on more than 200 peer-reviewed studies and the original 1992 U.S. patent (Carrington Laboratories, Patent No. 5,106,616) — granted to Dr. H. Reg McDaniel, MD, whose foundational research established the molecule's mechanism of action. Below are three representative studies that anchor the protocol:

Acemannan and Macrophage Activation: A Clinical Review

Dr. H.R. McDaniel et al. · Journal of Dietary Supplements · 2018

Demonstrated that acemannan significantly enhances macrophage production of cytokines (IL-1, IL-6, TNF- α), supporting innate immune response without overstimulation.

Polysaccharide Supplementation and Intestinal Microbiome Diversity

Integrative Medicine Research · 2020

Subjects on acemannan showed measurable increases in Lactobacillus and Bifidobacterium species, improved intestinal barrier function, and reduced inflammatory markers over a 90-day period.

Glyconutrient Impact on Mitochondrial Function and Energy Production

Alternative Therapies in Health and Medicine · 2019

Indicates acemannan's role in facilitating cellular glucose metabolism, supporting ATP production and reducing oxidative stress markers in active adults.

Full bibliography of 200+ studies: acemannanfacts.com

Chapter 6

Buy 1, Nourish 1

TreoCare exists for two reasons — and they're inseparable.

The first is what you've just read about: putting the most-researched natural immune molecule into your hands in its most effective form.

The second is the mission woven into every purchase. **Buy 1, Nourish 1.** Every TreoCare acemannan purchase triggers a donation of acemannan nutrition to a malnourished child in an orphanage somewhere in the world. You heal yourself. A child is nourished. The world gets better — one purchase at a time.

250M+

SERVINGS DELIVERED

90

COUNTRIES REACHED

100%

PURCHASE MATCHED

Ready to start your 90-day reset?

Get 15% OFF + Free Shipping on your first order.

Plus your purchase nourishes a child worldwide.

treocare.com/shop

***Disclaimer.** These statements have not been evaluated by the Food and Drug Administration. Acemannan products are dietary supplements and are not intended to diagnose, treat, cure, or prevent any disease. Information in this guide is provided for educational purposes and does not replace the advice of a qualified healthcare provider. Individual results may vary. Always consult your physician or licensed clinician before beginning any new supplement protocol, especially if you are pregnant, nursing, taking prescription medications, or have a known medical condition.*

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